



February 2021

## Autism Insider

YOUR MONTHLY GUIDE TO WHAT'S GOING  
ON IN OUR COMMUNITY



### *Message from our Executive Director*

Happy 2021 FEAT Families and Friends! I hope this finds you and your family healthy and safe.

The New Year is off to an encouraging start but navigating the pandemic has been a challenge. It has, however, provided an opportunity to seek and develop new experiences. Businesses, organizations and individuals have learned to use technology to remain connected and engaged with their family, friends, educators, and therapist. I am happy to report that FEAT has been able to adapt to the challenges, and that we are continuing to set and achieve goals for 2021.

In focusing on 2021, the FEAT Team has been busy creating and planning some great new programs, events and opportunities!! April is Autism Awareness Month, and we have several events planned, including a unique lighting of the Big-Four bridge, stay tuned. This summer, we are sponsoring the Outrunning Autism 5K and we are working hard to finalize some summer camp opportunities and new programs that involve our Autism Friendly Business Initiative (AFBI).

Our AFBI program has continued to grow under our AFBI Program Manager, Melanie West. If you would like more information on getting your business or organization certified, please reach out to Melanie. Follow us on Facebook, Twitter, Instagram and

LinkedIn to catch all the details of these new programs and events.

We are so grateful to our generous donors and sponsors who continue to provide FEAT with the resources needed to reach our families and our ASD community. FEAT's mission to be a leader in easing the Autism journey for Kentuckiana families cannot be accomplished without the commitment of our donors.

For 2021 sponsorship opportunities or any communication needs, please contact me or our Communication Specialist, Melissa Gerald.

So as February is well underway, I want you to know the FEAT TEAM has begun the work of making 2021 a success. We are committed to making our community more diverse and accepting of individuals with ASD and disabilities.

Please visit our website <https://featoflouisville.org/> for a complete list of programs, services and resources. You can also contact our Community Outreach Coordinator, Monica Cooper, to discuss any specific needs.

Sincerely,

*Shellie*

Shellie A. May, BSN, Executive Director

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# FEAT 5K IS LIVE!

FEAT  of LOUISVILLE  
FAMILIES for EFFECTIVE AUTISM TREATMENT

**OUTRUNNING  
AUTISM**



REGISTRATION IS OPEN! [www.FEAT5K.com](http://www.FEAT5K.com)

PRESENTED BY:

commercial • industrial • residential  
**ecotech**  
waste logistics



June  
**5** 2021

**16<sup>th</sup> ANNUAL**  
**RUN & FUN WALK @ LOUISVILLE, KY**

**EXCLUSIVE!**  
**\$10 DISCOUNT FOR**  
**EARLY REGISTRATION\*\***

**\*\*Register by Feb 14th**



**REGISTER NOW! [WWW.FEAT5K.COM](http://WWW.FEAT5K.COM)**

## **IPA's (Independent Pilot's Association) generous donation of \$10,000!**

Shellie A. May, Executive Director, Stuart Baird, Board of Directors Chair, and Melanie West, FEAT/AFBI Program Manager were honored to accept IPA's (Independent Pilot's Association) generous donation of \$10,000!

This donation will allow FEAT and the Autism Friendly Business program to focus on advertising, training, education, workshops. It will provide FEAT a larger platform to explore and implement opportunities to promote and expand the AFBI program.

FEAT supports and partners with Bluegrass Center for Autism (BCA). Their Vocational Job Coach program benefits children 13-21 years. The success of the AFBI program is essential to these individuals and their acceptance in our community and more importantly, their success in life! Growing the AFBI program means more diverse and inclusive businesses in our community.





# New Autism Friendly Businesses



**SALT RIVER  
MENTAL HEALTH**



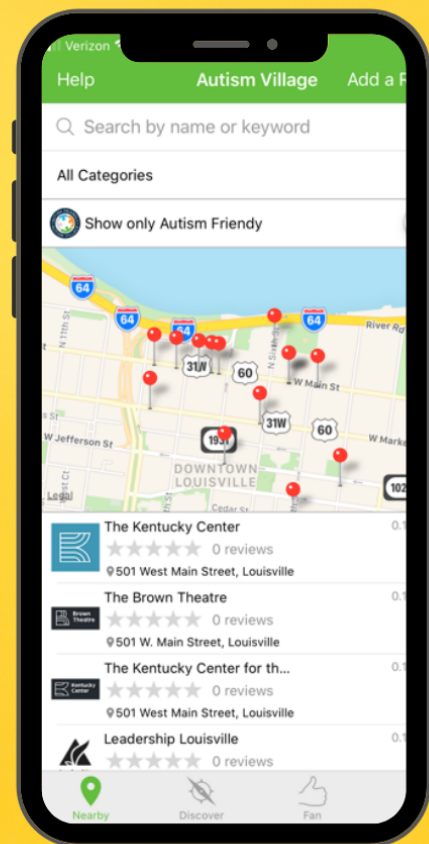
**THE COUNCIL**  
on Developmental Disabilities  
*Hope. Vision. Voice.*



GET THE APP TODAY  
VISIT, REVIEW, SHARE



*Did you know that you can find Autism Friendly  
Businesses locally and throughout the country?  
Download the app today!*





# 3 Ways to help FEAT of Louisville

## ENROLL IN THE KROGER COMMUNITY REWARDS PROGRAM

It is as simple as 1-2-3



**1**

Go to:  
[www.kroger.com/  
communityrewards](http://www.kroger.com/communityrewards)  
and create an account  
or sign-in

**2**

Under Community  
Rewards enter our  
Non-Profit  
Organization (NPO)  
number **WA896**

**3**

Shop and  
checkout with  
your Kroger Plus  
Card

**amazon**smile  
You shop. Amazon gives.

<https://smile.amazon.com/>

**select FEAT of LOUISVILLE**

**AS YOUR FAVORITE CHARITY AND GIVE BACK WHILE YOU SHOP**

**Questions? email [Melissa@featoflouisville.org](mailto:Melissa@featoflouisville.org)**

SPREAD AWARENESS EVERYWHERE YOU GO!



Get your Autism Awareness plate today.

<http://mlv.ky.gov/MLVWeb>



Checkout PE with Joe on YouTube for some fun workouts with a lesson.



**WEDNESDAY**  
**10th FEB**







# SALT ART FUN

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# MAGIC MILK

Turn your ordinary milk into magic with this simple science experiments with items you already have at home!

## WHAT YOU'LL NEED:

- Full fat milk
- Food coloring
- Dish soap
- Cotton swabs
- Dish with a flat bottom

## EASY STEPS:

- Pour milk into your dish
- Squeeze in a few drops of different colored food coloring
- Dip your cotton swab into the dish soap
- Place the tip of your cotton swab covered in soap into the center of the milk

Watch how the colors spread and mix all over the dish!



## Our Contact Information

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*



\*{{Organization Website}}\*

\*{{Unsubscribe}}\*